



COACHES' WORKSHOP 2012 Play-Tennis Program



23 November 2012

Greetings from the Singapore Tennis Association!

We are pleased to announce the above Coaches' Workshop conducted by the **International Tennis Federation**, details as follows:-

- Duration:** 13 – 14 December, 2-Day Workshop
- Time:** 9 am – 5 pm (Both Days)
- Venue:** The Keppel Club – Indoor Courts
(Bukit Chermin Road Singapore 109918)
General Line: 6375 5567
- Dress Code:** Tennis Attire, equipped with own Tennis Racket
- Speaker:** Mr Suresh Menon, ITF Development Officer – Asia
- Eligibility:**
- > All who are interested are welcome to attend.
 - > Certificates of Attendance will be presented to attendees who complete at least 1½ days of the workshop.
 - > Coaches registered with the Singapore Sports Council's National Registry Of Coaches (NROC) will be accredited learning hours under the *Continuing Coach Education (CCE) Programme*.
- Fees:**
- > **Ex-SLTA ROC, NROC, SPEX Coaches & Invited Guests – FREE**
 - > Others – S\$ 128.40 (Inclusive of GST)
- Registration Deadline:** Please complete the Registration Form and return to the STA office, together with payment if applicable, by **Monday, 10 December 2012**. All cheques should be crossed and made payable to "*Singapore Tennis Association*". Cash payment can only be made at the STA office, for which a receipt will be issued.

SINGAPORE TENNIS ASSOCIATION

100 Tyrwhitt Road #04-02 (Jalan Besar Swimming Complex) Singapore 207542

Tel: 65-6295 2283 Fax: 65-6295 1577

Email: info@singtennis.org.sg Website: <http://www.singtennis.org.sg>

GST Reg. No.: M90068048L

Program Schedule

Day 1: Thursday, 13 December 2012

0900 – 0930	Introduction “Intro to tennis”
0930 – 0945	Ice breaker warm up
0945 – 1000	Identifying key communication and organisation skills
1000 – 1100	Communication skills exercise
1100 – 1130	BREAK (Tea reception is provided)
1130 – 1200	Communicating with adults and children
1200 – 1230	Learning how to demonstrate
1300 – 1400	LUNCH (Free & Easy)
1400 – 1530	Communication and organisation skills exercises
1530 – 1600	BREAK (Tea reception is provided)
1600 – 1700	Summary of day

Day 2: Friday, 14 December 2012

0900 – 0930	Setting objectives and playing warm up
0930 – 1030	Introducing the basic tactics of tennis
1030 – 1100	BREAK (Tea reception is provided)
1100 – 1300	Participants working on basic tactics
1300 – 1400	LUNCH (Free & Easy)
1400 – 1530	How to adapt practices to suit different abilities
1530 – 1600	BREAK (Tea reception is provided)
1600 – 1700	Cooperative versus competitive practices

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REGISTRATION FORM

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Registration Deadline: Monday, 10 December 2012

I. PERSONAL PARTICULARS			
*Name as per I/C:			
*I/C No.:	Gender:	<input type="checkbox"/> Ex-SLTA ROC Coach FREE <input type="checkbox"/> NROC Coach FREE <input type="checkbox"/> SPEX Coach FREE <input type="checkbox"/> Others S\$ 128.40 <input type="checkbox"/> Invited Guests FREE (<i>pls specify referral: _____</i>) (You may tick [v] more than one where applicable.)	
For verification purpose.			
Address:			
*H/P:	Tel (Home):	Tel (Office):	
*Email Address:			

** denotes compulsory fields.*

II. INDEMNITY	
I hereby agree that I will not hold the Singapore Tennis Association and its servants or agents responsible in any way for any injuries or loss of life or damage to property howsoever arising out of or in the course of or in connection with the above workshop.	
I further agree that I shall indemnify and keep the Singapore Tennis Association and its servants or agents indemnified against any claim or action which may be instituted against its servants or agents by any third party arising from my action or conduct in the course of or in connection with the above workshop.	
_____ Signature	_____ Date

For Official Use
Verified/Date: _____
Payment (Bank/Cheque No./Official Receipt): _____ Amount: S\$ _____

Note: Please complete this form and return to the STA office, together with payment of S\$ 128.40 if applicable. All cheques should be crossed and made payable to "Singapore Tennis Association". Cash payment can only be made at the STA office, for which a receipt will be issued.